



Premium Reward Requirements 2016-2017 Plan Year

Premium rewards for the plan year starting July 1, 2016, will be available to all employees and non-Medicare retiree plan participants and their covered spouses enrolled in the COVA Care or COVA HealthAware Plan.

Anyone who is eligible can earn a reward at any time during the plan year through May 31, 2017. The reward will be effective the first of the month after two healthy actions are completed, submitted and accepted.

What's New! This plan year, you are eligible for the premium reward regardless of when you enroll in COVA Care or COVA HealthAware. If you enroll after July 1, as a new hire or with a qualifying mid-year event (QME) and fulfill both requirements you can earn a reward.

The two healthy actions are:

1. Complete or update your online health assessment July 1, 2015, or later.
 - a. Go to www.myactivehealth.com/cova.
 - b. Answer all questions in each category, or you can use the "Wizard."
 - c. You must answer all questions to receive credit.
 - d. Once completed, click "Submit Now."
 - e. Keep a copy of the completion screen for your records.
2. Complete and submit your biometric screening results to fulfill the requirements, the biometric screening measurements must have been taken on or after July 1, 2015.
 - a. Go to www.myactivehealth.com/cova.
 - b. Print a Physician Results Form.
 - c. Follow the instructions on the form.
 - d. Keep a copy of your confirmation email or letter stating that your form has been accepted.

First time user? You will need to create an account for both you and your eligible spouse, if applicable; at www.myactivehealth.com/cova using your Employee ID number. If you do not know your Employee ID, see your agency Benefits Administrator.

If you don't have access to the Internet or are not currently enrolled in a qualifying plan, call ActiveHealth at **1-866-938-0349** for assistance.

Please note – you must be actively enrolled in COVA Care or COVA HealthAware before your reward can be processed. .